

OUTWORK LACROSSE RELEASE OF LIABILITY

READ CAREFULLY - THIS AFFECTS YOUR LEGAL RIGHTS

In exchange for participation in the activity of Lacrosse Training organized by Christopher O'Hara, of 37 Lambert Rd., New Canaan, Connecticut, 06840 and/or use of the property, facilities and services of Christopher O'Hara, I agree for myself and (if applicable) for the members of my family, to the following:

- 1. AGREEMENT TO FOLLOW DIRECTIONS.** I agree to observe and obey all posted rules and warnings, and further agree to follow any oral instructions or directions given by Christopher O'Hara, or the employees, representatives or agents of Christopher O'Hara.
- 2. ASSUMPTION OF THE RISKS AND RELEASE.** I recognize that there are certain inherent risks associated with the above described activity and I assume full responsibility for personal injury to myself and (if applicable) my family members, and further release and discharge Christopher O'Hara for injury, loss or damage arising out of my or my family's use of or presence upon the facilities of Christopher O'Hara, whether caused by the fault of myself, my family, Christopher O'Hara or other third parties.
- 3. INDEMNIFICATION.** I agree to indemnify and defend Christopher O'Hara against all claims, causes of action, damages, judgments, costs or expenses, including attorney fees and other litigation costs, which may in any way arise from my or my family's use of or presence upon the facilities of Christopher O'Hara.
- 4. FEES.** I agree to pay for all damages to the facilities of Christopher O'Hara caused by any negligent, reckless, or willful actions by me or my family.
- 5. CONSENT.** I, (Parent/Guardian) _____ consent to the participation of:
(List Participants) _____

In the activity of Lacrosse and Speed Instruction and Training, and agree on behalf of the above minor/s to all of the terms and conditions of this Agreement. By signing this Release of Liability, I represent that I have legal authority over and custody of the minors named above.

- 6. MEDICAL AUTHORIZATION.** In the event of an injury to the above minor during the above described activities, I give my permission to Christopher O'Hara or to the employees, representatives or agents of Christopher O'Hara to arrange for all necessary medical treatment for which I shall be financially responsible. Christopher O'Hara shall have the following powers:
 - a. The power to seek appropriate medical treatment or attention on behalf of my child as may be required by the circumstances, including without limitation, that of a licensed medical physician and/or a hospital;
 - b. The power to authorize medical treatment or medical procedures in an emergency situation; and
 - c. The power to make appropriate decisions regarding clothing, bodily nourishment and shelter.

7. APPLICABLE LAW. Any legal or equitable claim that may arise from participation in the above shall be resolved under Connecticut law.

8. NO DURESS. I agree and acknowledge that I am under no pressure or duress to sign this Agreement and that I have been given a reasonable opportunity to review it before signing. I further agree and acknowledge that I am free to have my own legal counsel review this Agreement if I so desire.

9. ARM'S LENGTH AGREEMENT. This Agreement and each of its terms are the product of an arm's length negotiation between the Parties. In the event any ambiguity is found to exist in the interpretation of this Agreement, or any of its provisions, the Parties, and each of them, explicitly reject the application of any legal or equitable rule of interpretation which would lead to a construction either "for" or "against" a particular party based upon their status as the drafter of a specific term, language, or provision giving rise to such ambiguity.

10. ENFORCEABILITY. The invalidity or unenforceability of any provision of this Agreement, whether standing alone or as applied to a particular occurrence or circumstance, shall not affect the validity or enforceability of any other provision of this Agreement or of any other applications of such provision, as the case may be, and such invalid or unenforceable provision shall be deemed not to be a part of this Agreement.

11. EMERGENCY CONTACT. In case of an emergency, please call _____ (Relationship: _____)

I HAVE READ THIS DOCUMENT AND UNDERSTAND IT. I FURTHER UNDERSTAND THAT BY SIGNING THIS RELEASE, I VOLUNTARILY SURRENDER CERTAIN LEGAL RIGHTS.

Dated: _____

Signature: _____
